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2016 YMCA TURKEY TROT DEL NORTE CHIROPRACTIC TEAM CHALLENGE

WHAT: The Del Norte Chiropractic Team Challenge is a competitive category within the YMCA Turkey Trot 5K that consists of teams of four runners where their individual times combine for the team's overall time. The top three teams in each category will receive awards.

WHEN: Thursday, November 24, 2016
7:15 am

WHERE: The corner of Virginia and St. Vrain in Central El Paso.

CATEGORIES:

Male Open: four males with no age restriction.

Female Open: four females with no age restriction.

Adult Coed: two males, two females all over the age of 18.

Corporate Open: any combination of male or female all age 18 or older and employed at the same company.

High School Coed: two males, two females all enrolled in high school on November 24, 2016.

Military Open: any combination of male and female all serving in a branch of the military.

REGISTER: Register online at elpasoymca.org or at any YMCA branch. All four team members must register at the same time whether online or in person.

COST: \$80.00 per team until November 18, 2016
\$100.00 per team November 19-23, 2016



2016 Turkey Trot

Del Norte Chiropractic Team Challenge Information

Teams:

- Teams must consist of four runners (no more and no less). This is a competitive challenge with the combined times of the four runners being the team's time. The Team Challenge is open only to 5K runners and not for the 3K walkers.

Team Challenge Cost:

- Through November 18, 2016: \$80.00 per team (\$20.00 per person)
- November 19-24, 2016: \$100.00 per team (\$25.00 per person)

Awards:

- Trophies will be given to each member of the top three teams in each category.
- Team participants are also eligible for individual overall and age category awards.

Team Challenge Categories:

Male Open: 4 males, no age restriction.

Female Open: 4 females, no age restriction.

Adult Coed: teams must consist of two males and two females all age 18 years or older.

Corporate Open: any combination of male and female all age 18 years or older, must work at the same company.

High School Coed: teams must consist of two males and two females enrolled in high school on November 24, 2016.

Military Open: any combination of male and female all currently serving in a branch of the military.

Early Registration Deadline

November 18, 2016

In Person Registration Deadline

November 21, 2016

Online Team Registration

New this year – teams can register online without a discount code but they must register all four runners at the same time. There is a team category on the online registration website but they will have to register all four before a team becomes active. Teams can register online through November 23, 2016 but the cost goes up after November 18, 2016.

In Person Team Registration:

The four runners must register together, or a team representative may bring in the four entry forms together. The entire registration form must be filled out including Team Name (*each team must have a team name associated with it*).

Race Shirts:

First 1,300 registrants will receive a long-sleeved t-shirt and a drawstring nylon bag.

Packet Pick-Up/Registration:

Wednesday, November 23, 2016

Westside Family YMCA, 7145 North Mesa

11:00 am-7:00 pm

A designated person may pick up the packets for the team at the team packet pick up table.