

NON-PROFIT
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PAID
EL PASO, TX
PERMIT NO.
1655

40th Annual
YMCA of El Paso
TURKEY TROT
November 24, 2016
Thanksgiving Morning
7:15 a.m.

5K Competitive Run
3K Fun Walk
Del Norte Chiropractic 5K Team
Challenge



EL PASO, TX 11-24-16

Benefitting:
The YMCA of El Paso's
Strong Kids Campaign

RACE INFORMATION

What: 40th Annual Turkey Trot
When: Thanksgiving Morning, November 24, 2016
7:15 am
Where: Corner of Montana and Virginia in central El Paso. Check out the course map online at www.elpasoymca.org

TURKEY TROT EVENTS

- 5K Run (computer chip timed)
- 3K Fun Walk (not timed)
- Del Norte Chiropractic 5K Team Challenge

AWARDS

Trophies will be given to the top three male and female overall finishers in the 5K Run as well as the top three teams in each team category. Medals will be presented to the top three male and female finishers in each individual category.

AGE & TEAM CATEGORIES

5K INDIVIDUAL CATEGORIES (MALE & FEMALE)

10 & Under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

5K TEAM CATEGORIES - (Teams of 4)

Male Open: no age restriction

Female Open: no age restriction

Adult Coed: 2 men & 2 women age 18 or over

Corporate Open: all four runners employed at the same company

High School Coed: 2 males & 2 females in high school

Military Open: any combination male or female

RACE SHIRTS

The first 1,300 to register will receive a 40th Annual Turkey Trot, long sleeved T-shirt and nylon bag.

WHERE TO REGISTER

- **Mail:** Mail entry to the Westside Family YMCA prior to *November 16, 2016*.
- **In Person:** Register at any YMCA branch (go to www.elpasoymca.org for branch locations) through *November 21, 2016*.
- **Online:** Register at www.elpasoymca.org through *November 22, 2016*.
- **Packet Pick Up:** *November 23, 2016* from 11:00 am -7:00 pm at the Westside Family YMCA, 7145 North Mesa.
- **Race Day:** 6:00-6:45 am near the starting line. Race Day registration will end promptly at 6:45 am.

Westside Family YMCA
7145 North Mesa
El Paso, TX 79912
915-584-9622



COURSE ROUTE

RUN:

Montana & St. Vrain to Williams, Left
 Williams to Rio Grande, Right
 Rio Grande/Grant to Rosewood, Turnaround
 Grant/Rio Grande to Williams, Left
 Williams to Montana, Right
 Montana to Finish Line at St. Vrain

WALK:

Montana & St. Vrain to Willows, Turnaround
 Montana to finish at St. Vrain

COST

INDIVIDUAL

- \$25 through November 18, 2016
- \$30 November 19-23, 2016
- \$35 on Race Day

TEAM

- \$80 per team (\$20.00 per person). All teams must register together in person or online through November 18, 2016
- \$100 per team (\$25.00 per person) November 19-23, 2016 (online only).

Registration fees are non-refundable and non-transferable.

RACE PACKET PICK UP

PACKET PICKUP AND LATE REGISTRATION

Wednesday, November 23, 2016

11:00 am - 7:00 pm

Westside Family YMCA (7145 North Mesa)

RACE DAY PACKET PICKUP AND DAY OF RACE REGISTRATION

Thursday, November 24, 2016

6:00 - 6:45 am

808 Montana - Aikido of El Paso

Both Day of Race Registration and Packet Pickup will end promptly at 6:45 am.

Special thanks to our race day partners:



REGISTRATION

NAME

(One Person Per Entry Form)

LAST

FIRST

Male Female DOB: _____ Age (On 11/24/16) _____

EVENT
 5K Run 3K Walk
 5K Team Challenge Team Name _____

TEAM CHALLENGE CATEGORY Male Open Female Open Adult Coed
 Corporate Open Military Open High School Coed

Race Day Registration is from 6:00-6:45 am. Run & Walk begins at 7:15 a.m.

First 1,300 participants will receive a 40th Annual Turkey Trot long sleeve T-shirt

Address _____

City _____ State _____ Zip _____

Phone _____ Email Address _____

Shirt Size Circle One YM YL AS AM AL AXL AXXL

FEES: \$ _____ (Must Accompany Registration Form) Make Checks Payable to YMCA. ***Entry Fees are Non-Refundable.***

Release of liability / Assumption of Risk: The undersigned participant or parent/guardian, in consideration of participation in the program activities indicated on this form, agree to indemnify and hold harmless the YMCA of El Paso, its representatives, its successors, and assigns and releases the same from any and all liability for any injury or illness which may be suffered by the participant, name herein, arising out of, or, in any way connected with the program or activity indicated and assumes the risk for such injury or illness. I also authorize the use of any photographic image of the participant, name herein, taken during program or activity, for use in any YMCA of El Paso publication. I further agree to abide by all of the YMCA of El Paso policies and procedures.

Signature _____ Date _____

**Mail Form & Entry Fee to:
 Westside Family YMCA, 7145 N. Mesa, El Paso, TX 79912**