Community CPR and Pro CPR Training

CPR and AED for the Community and Workplace

It is frightening to be faced with a person struggling for life and to not know how to help. Learning how to perform CPR and use an AED is a great way to overcome this fear. **CPR and AED for the community and workplace** is a simple, practical program to help develop basic life support knowledge, skills, and the confidence to respond. Individuals who do not work in the healthcare field but are occupationally required to, or desire to, have CPR knowledge and skills, such as emergency response teams in business and industry, school bus drivers, adult residential care personnel, child care workers, teachers, parents, and babysitters.

Cost: $35.00
Saturday Mornings: 11:00am - 2:00pm

CPR Pro for the Professional Rescuer

This expert-level program helps keep healthcare professionals prepared and ready to respond as they encounter life threatening emergencies, provide basic life support, and respond to choking and other airway obstruction incidents. ASHI's CPR Pro for the Professional Rescuer has been approved for training for Emergency Medical Services personnel and is accepted by the National Registry of Emergency Medical Technicians (NREMT). This program is designed for individuals in the healthcare or professional field that are required to have professional-level basic life support training (lifeguards, RNs, etc.).

Cost: $45.00
Saturday Afternoons: 2:00pm - 5:00pm

Registration Deadlines:

- **Community CPR** $35.00
  - Registration needs to be completed & paid the DAY BEFORE the class date.
  - Instructor needs ensure adequate materials are available

- **CPR Pro for the Professional Rescuer** $45.00
  - Registration needs to be completed & paid the week Before (7 days) the class date.
  - Participants MUST complete online Training prior to the class

For more information, contact Erika Chavira at echavira28@gmail.com or call the Bowling Family YMCA at (915) 755-5685

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