



YMCA OF EL PASO

## 2015 Achievements

The YMCA of El Paso has served El Paso for the past 130 years. We are the 6th oldest organization in El Paso. 130 years ago we started out as a Bible study group to keep men away from the “attractiveness of vice”, and our mission has not changed. “Screen” time, sedentary life styles and poor diets have become our “attractiveness of vice”.

Nationally the YMCA serves in over 2,700 communities and we are in 120 different countries. The Y engages over 22 million people world wide through membership and programs. The YMCA created basketball, volleyball and Fathers' Day . We were instrumental in creating the USO, Peace Corps and Armed Services YMCAs. The YMCA has provided many teens their first job. We hire more youth than any other company except McDonald's.

Locally, we have 5 facilities and over 28,000 members and 23,500 program participants. We see 1 million sets of eyes throughout our 5 facilities each year. 950 volunteers help set policy, teach classes or coach youth sports teams. The YMCA of El Paso also impacts the community by:

- ◆ The YMCA of El Paso gave out over \$433,000 of financial assistance last year to over 6,556 people. This allows those who cannot afford the YMCA to become healthier and happier.
- ◆ Our Volunteer Income Tax Assistance (VITA) Program prepared over 1,300 tax returns for free and brought back into the community over \$2,000,000. The Bowling Family YMCA is the largest VITA site in El Paso.
- ◆ LiveStrong at the YMCA has graduated over 100 cancer survivors in the past 3 years.
- ◆ The YMCA of El Paso is beginning to work with the pre-diabetic population. Our Diabetes Prevention Program is being recognized nation wide.
- ◆ We serve over 20,000 children and over 6,800 seniors.
- ◆ Our Parents as Teachers Program goes into homes of low income families and gives the parents the tools to become their child's first teacher. Association wide, we mentor 165 young families each month.
- ◆ 7,500 swim lessons were taught and over 15,000 children were taught how to be safe around the water in 2015. More than anyone else in El Paso.

**Mission of the YMCA: *To put Christian principles into practice through programs that build healthy spirit, mind and body for all.***